Coverage Period: 01/01/2014-12/31/2014

Coverage for: Individual/Family | Plan Type: PPO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.wmimutual.com or by calling 1-800-748-5340.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$ \$1,500 person/\$3,000 family Doesn't apply to preferred provider preventive care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (January 1 st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	Yes. \$250 person/\$500 family for prescription drug coverage. Doesn't apply to generic drugs. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. \$4,000 person/ \$8,000 family.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (one calendar year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See www.wmimutual.com or call 1-800-748-5340 for a list of preferred providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about excluded services .

Questions: Call 1-800-748-5340 or visit us at www.wmimutual.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-800-748-5340 to request a copy. Arizona silver 1 plan (1/14) SBC OMB Control Numbers 1545-2229, 1210-0147, and 0938-1146

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use <u>preferred providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Preferred Provider	Your Cost If You Use a Non-Preferred Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	40% coinsurance	55% coinsurance	none
If you visit a health	Specialist visit	40% coinsurance	55% coinsurance	none
care <u>provider's</u> office	Other practitioner office visit	40% coinsurance	55% coinsurance	20 visits per year for back/spine care.
or clinic	Preventive care/screening/immunization	0% coinsurance	55% coinsurance	Deductible does not apply to preferred provider services.
If you have a test	Diagnostic test (x-ray, blood work)	40% coinsurance	55% coinsurance	none
If you have a test	Imaging (CT/PET scans, MRIs)	40% coinsurance	55% coinsurance	none
If you need drugs to	Generic drugs	25% coinsurance	25% coinsurance	Deductible waived for generic drugs.
treat your illness or condition More information	Brand drugs	50% coinsurance	50% coinsurance	If a generic drug is available, the plan pays equal to the generic amount and the patient pays the difference.
about <u>prescription</u> drug coverage is available at 1-800-748-5340.	Specialty drugs	50% coinsurance	50% coinsurance	Self-injectable drugs are paid under the prescription drug benefit even if they are administered by a provider.
If you have	Facility fee (e.g., ambulatory surgery center)	40% coinsurance	55% coinsurance	none
outpatient surgery	Physician/surgeon fees	40% coinsurance	55% coinsurance	none

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Common Medical Event	Services You May Need	Your Cost If You Use a Preferred Provider	Your Cost If You Use a Non-Preferred Provider	Limitations & Exceptions
If you need immediate medical	Emergency room services	40% coinsurance	55% coinsurance	Non-preferred provider services will be paid at the preferred provider coinsurance if services are for a life- threatening condition.
attention	Emergency medical transportation	40% coinsurance	55% coinsurance	none
	Urgent care	40% coinsurance	55% coinsurance	none
If you have a hospital stay	Facility fee (e.g., hospital room)	40% coinsurance	55% coinsurance	A 10% penalty applies for non- emergency admissions that are not pre- certified.
	Physician/surgeon fee	40% coinsurance	55% coinsurance	none
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services Mental/Behavioral health inpatient services Substance use disorder outpatient services Substance use disorder inpatient services	40% coinsurance	55% coinsurance	none
If you are program	Prenatal and postnatal care	40% coinsurance	55% coinsurance	none
If you are pregnant	Delivery and all inpatient services	40% coinsurance	55% coinsurance	none
	Home health care	40% coinsurance	55% coinsurance	Limited to 42 visits per Calendar Year.
If you need help recovering or have other special health	Rehabilitation services	40% coinsurance	55% coinsurance	Physical therapy, occupational therapy and speech therapy for rehabilitative and habilitative purposes are limited to 60 visits per Calendar Year on a combined basis.
needs	Habilitation services	40% coinsurance	55% coinsurance	none
	Skilled nursing care	40% coinsurance	55% coinsurance	Limited to 90 days per Calendar Year.
	Durable medical equipment	40% coinsurance	55% coinsurance	none
	Hospice service	40% coinsurance	55% coinsurance	none
If your child needs dental or eye care	Eye exam	40% coinsurance	55% coinsurance	Limited to one exam per Calendar Year.

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Coverage for: Ind	ividual/Family	Plan Ty	/pe: PPO
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Common Medical Event	Services You May Need	Your Cost If You Use a Preferred Provider	Your Cost If You Use a Non-Preferred Provider	Limitations & Exceptions
	Glasses	40% coinsurance	55% coinsurance	Limited to one pair of lenses and frames per Calendar Year.
	Dental check-up	40% coinsurance	40% coinsurance	Limited to one exam every 6 months.

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Infertility treatment

- Long term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Bariatric surgery

Chiropractic care

• Hearing aids

 Urgent care and emergency care provided outside the United States.

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-748-5340. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact the plan at 1-800-748-5340, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, or the Arizona Department of Insurance Office at 1-800-325-2548 (instate only but outside of Phoenix) or 1-602-364-2499.

Language Access Services:

For Yuma and Santa Cruz counties in Arizona, the following applies: Para obtener asistencia en Espanol, llame al 1-800-748-5340.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage does meet the minimum value standard for the benefits it provides.

To see examples of how this plan might cover costs for a sample medical situation, see the next page-

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$3,580
- Patient pays \$3,960

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

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Deductibles	\$1,500
Copays	\$0
Coinsurance	\$2,310
Limits or exclusions	\$150
Total	\$3,960

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,7400
- Patient pays \$2,660

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$1,500
Copays	\$0
Coinsurance	\$1,080
Limits or exclusions	\$80
Total	\$2,660

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.